

Privacy & Cookie Policy

1. Important notice

We take your privacy seriously and use your personal data as further explained in this Privacy Policy. We are the “controller” of the personal data you provide to us.

This Privacy Policy describes how we obtain and use your personal data, who has access to your personal data and what your rights are.

You have the right to object to us processing your personal data for our legitimate business interests or for direct marketing purposes (including any related profiling).

2. Who is collecting your Data?

Sydommne Peace is the Data Controller, and you are welcome to contact us at any time to discuss the information we hold on you by emailing via our website. Examples of the kind of things you may want to contact us about is to request to be deleted from our database or request a copy of what information we are holding.

3. Personal Data we may collect and why

Personal data is any information which identifies you personally whether directly (for example, your name) or indirectly (for example, information about your use of our products and services).

We may collect the following data about you:

- **Contact details:** your name, email address, telephone number so that we can contact you in response to an enquiry you make via our Site or in person in relation to the products and services that we have from time to time agreed to provide to you
- **Personal information:** details of your address, medical conditions, medication, medical history or any other relevant information required to ensure the services you receive is appropriate and safe.
- **Correspondence:** we collect any additional personal data you may provide to us from time to time if you contact us by email, letter or telephone, through our Site, by submitting a comment on our Site, or by any other means
- **Survey responses:** information from surveys that we use for research purposes, if you choose to respond to them
- **Transaction details:** we or our third-party providers will collect information relating to transactions you carry out through our Site and for the purposes of fulfilling your orders
- **Details of visits to the Sites:** details of your visits to our Site, including, but not limited to, traffic data, location data, weblogs and other communication data, whether this is required for our own billing purposes or otherwise and the resources that you access.
-

4. How we use your personal data

We use your personal data for the following purposes:

- **To provide you with the products and services you have requested**
We use your personal data to accept you as a new or returning customer to provide you with the products and services you have requested.
- **To send you service communications, including in relation to changes to our Trading Terms or Terms of Trading**
We use the contact details you have provided to us so that we can communicate with you about the products and services that we provide, including to let you know about major changes to those products and services or to the Trading Terms or Terms of Trading between us or to any related information.
- **Direct marketing (including by third parties)**
If you have provided your consent or we otherwise have the right to do so, we may use your

contact details to send you direct marketing and keep you informed of promotional offers by email, SMS, post or telephone relating to our products and services.

- You can unsubscribe from our direct marketing at any time by clicking the “Unsubscribe” link in any of our emails or by contacting us.
- **To track your usage of our website, communications, products and services**
We use cookies and similar technologies to track your activity on our Site so that we can provide important features and functionality on our Site, monitor its usage, and provide you with a more personalised experienced.
- **To provide and improve customer support**
We use your personal data to be able to provide and improve the customer support we provide to you (for example, where you have questions about our products and services).
- **To maintain our records and improve data accuracy**
Like any business, we process personal data in the course of maintaining and administering our internal records. This includes processing your personal data to ensure that the information we hold about you is kept up to date and accurate. **Notes taken that may contain personal details of a customer are destroyed in accordance with the law and when there is no longer any reason to retain the information.**
- **To respond to enquiries, complaints and disputes**
We use the personal data we hold about you to help us respond to any enquiries or complaints you have made, or deal with any dispute which may arise in the course of us providing our products and services to you, in the most effective manner.
- **To investigate, detect and prevent fraud and comply with our legal obligations**
In certain circumstances, we use your personal data only to the extent required in order to enable us to comply with our legal obligations, including for fraud detection, investigation and prevention purposes. This may require us to provide your personal data to law enforcement agencies if they request it.

5. Legal grounds for processing

Data protection law requires us to only process your personal data if we satisfy one or more legal grounds. These are set out in data protection law and we rely on a number of different grounds for the processing we carry out. These are as follows:

Consent

In certain circumstances, we process your personal data after obtaining your consent to do so for the purposes of:

- offering you services
- sending you marketing communications about our products and services;
- conducting marketing research;

Necessary for the performance of a contract and to comply with our legal obligations

It is necessary for us to process your basic contact details, payment details and information about you in order to:-

- provide you with the products and services
- communicate with you about the products and services that we provide to you, including to let you know about major changes to those products and services or to the trading terms between us or to any related information
- provide and improve customer support
- notify you about changes to our service

In certain circumstances, we also use your personal data only to the extent required in order to enable us to comply with our legal obligations, including to detect, investigate and prevent fraud.

Necessary for the purposes of our legitimate business interests or those of a third party

It is sometimes necessary to collect and use your personal data for the purposes of our legitimate interests as a business, which are to:

- provide you with products and services that are as useful and beneficial as possible, including by personalising our contact with you and making sure we tell you about all the offers that are relevant to you
- develop and improve our Site to enhance the customer experience
- respond to any enquiries or complaints you have made, or deal with any dispute which may arise in the course of us providing our products and services to you
- to ensure that content from our Site is presented in the most effective manner for you and for your computer
- ensure effective operational management and internal administration of our business, document retention, compliance with regulatory guidance and exercise or defence of legal claims.

Where we think there is a risk that one of your interests or fundamental rights and freedoms may be affected we will not process your personal data unless there is another legal ground for us to do so (either that we have obtained your consent to the processing or it is necessary for us to perform our contract with you or to comply with our legal obligations).

6. Who we share your personal data with

We may provide your personal data to our suppliers and service providers, including other companies in our group, who provide certain business services for us and act as “processors” of your personal data on our behalf.

In addition, we may disclose your personal data if we are under a duty to disclose or share your personal data in order to comply with any legal obligation, or in order to protect the rights, property, or safety, of our business, our customers or others. This includes, in specific cases, exchanging information with other organisations for the purposes of fraud protection.

In some cases, the personal data we collect from you may, for the purposes set out above, be transferred outside the European Economic Area (EEA) and such destinations may not have laws which protect your personal data to the same extent as in the EEA. We are required by data protection law to ensure that where we or our “processors” transfer your personal data outside of the EEA, it is treated securely and is protected against unauthorised access, loss or destruction, unlawful processing and any processing which is inconsistent with the purposes set out in this Privacy Policy.

7. How long we keep your personal data for

We retain your personal data for no longer than is necessary for the purposes(s) for which it was provided. What this means in practice will vary between different types of data. When determining the relevant retention periods, we take into account factors including:

- legal obligation(s) under applicable law to retain data for a certain period of time
- statute of limitations under applicable law
- guidelines issued by relevant data protection authorities
- potential or actual disputes

Otherwise, we securely erase your personal data from our systems when it is no longer needed.

8. Your rights

The law provides individuals with certain rights in relation to their personal data. You have the following rights:

- to be informed of and have access to the personal data we hold about you.
- to ask us to correct any inaccurate data

- once our use of your personal data is complete, to request that it be disposed of and deleted
- to request a restriction on processing your personal data
- to ask us to provide electronically stored personal data in a format that can be easily accessed by other technological methods
- to object to us processing your personal data for our legitimate business interests or for direct marketing purposes
- the right to withdraw consent to processing
- to complain to the Information Commissioner's Office (ICO) if you are unhappy with the way we are processing your data.

9. How to contact us

If you would like to exercise your data protection rights or if you are unhappy with how we have handled your personal data, please feel free to contact us by using the details set out on our Site.

If you're not satisfied with our response to any enquiries or complaint or believe our processing of your personal data does not comply with data protection law, you can make a complaint to the Information Commissioner's Office (ICO) by:

writing to: Beta Health, 67 Marlowes, Hemel Hempstead HP1 1LE

calling: 07949 906268

emailing: <https://www.homeopathy-hemel.co.uk/contact-me>

10. Links to other websites

Our website may contain hyperlinks to websites owned and operated by third parties. This Privacy Policy does not apply to those other websites. We encourage you to read the privacy statements on the other websites you visit, as they will govern the use of any personal data you provide when visiting those websites. We do not accept any responsibility or liability for the privacy practices of such third-party websites and your use of such websites is at your own risk.

11. Cookies

What are Cookies?

We collect information about your use of our Site through cookies. Cookies are information that files stored on your computer, tablet or smartphone that help websites remember who you are and information about your visit. Cookies can help to display the information on our Site in a way that matches your interests. Most major websites use cookies.

What cookies are used on this Site?

The cookies we and our business partners use on our Site are broadly grouped into the following categories:

- **Essential** – Some of the cookies on our Site are essential for us to be able to provide you with a service you have requested. An example of this could be a cookie used to enable you to log into your account on our Site or which allows communication between your browser and our Site. Our cookie preference cookie described in the section "How can I reject or opt out of receiving cookies?" is also an essential cookie. You may not be able to use our Site without these cookies.
- **Analytics** – We may use analytics cookies to help us understand how users engage with our Site. An example is counting the number of different people coming to our Site or using a particular feature, rather than the total number of times the site or feature is used. Without this cookie, if you visited our Site once each week for three weeks we would count you as three separate users. We would find it difficult to analyse how well our Site was performing and improve it without these cookies.

- **User Cookies** – We use cookies to improve your experience by remembering your preferences so we know how you like to use our Site. Examples of this would be remembering you so that you are served with the same content or to remember you when you come back to our Site.
- **Social Sharing** – We use third party cookies to allow you to share content directly on the social networking/sharing sites like Facebook, Twitter or Google+. Examples would be if you wanted to “like” or “tweet” about us or our products or services. Please see our “Third Party Cookies” section below for more details.
- **Interest-Based Advertising** – You will have noticed that when you visit websites you will be shown adverts for products and services you may wish to buy. The money made by website owners for showing third party adverts on their websites often pays for the cost of running the website and therefore usually allows you to use the website without having to pay a registration or usage fee. To try and ensure that the adverts you see are relevant to you third party cookies may be used to collect information about the types of things that interest you, for example websites you visit and the geography that you are based in. Having these cookies does not increase the number of adverts you will be shown, but simply makes the adverts you see more relevant. Please see our “Third Party Cookies” section below for more details.

How can I reject or opt out of receiving cookies?

You may refuse to accept cookies by activating the setting on your browser which allows you to refuse the setting of cookies. For more information about cookies and how to stop cookies being installed or how to delete existing cookies from your hard drive visit the following website: <http://www.allaboutcookies.org>.

Third party cookies

Some of the cookies described in the "What Cookies are used on our Site" section above are stored on your machine by third parties when you use our Site. Third parties may also read cookies on your browser to collect information or to serve content or advertisements to you. We have no control over these cookies or how the third parties use them. They are used to allow that third party to provide a service to us, for example analytics. For more information on these cookies and how to disable them, please see:

- Internet Advertising Bureau website at <http://www.youronlinechoices.com/> where you will be able to opt-out of receiving Interest-Based Advertising cookies from some of the third parties listed below; and/or
- If you want to know more about how cookies work and how to manage or delete them, visit the [World Wide Web Consortium's website](#).

12. Changes to this Privacy Policy

This Privacy Policy was last updated on 1st April 2021

This Privacy Policy may be updated from time to time, so you may want to check it each time you provide personal data to us.